

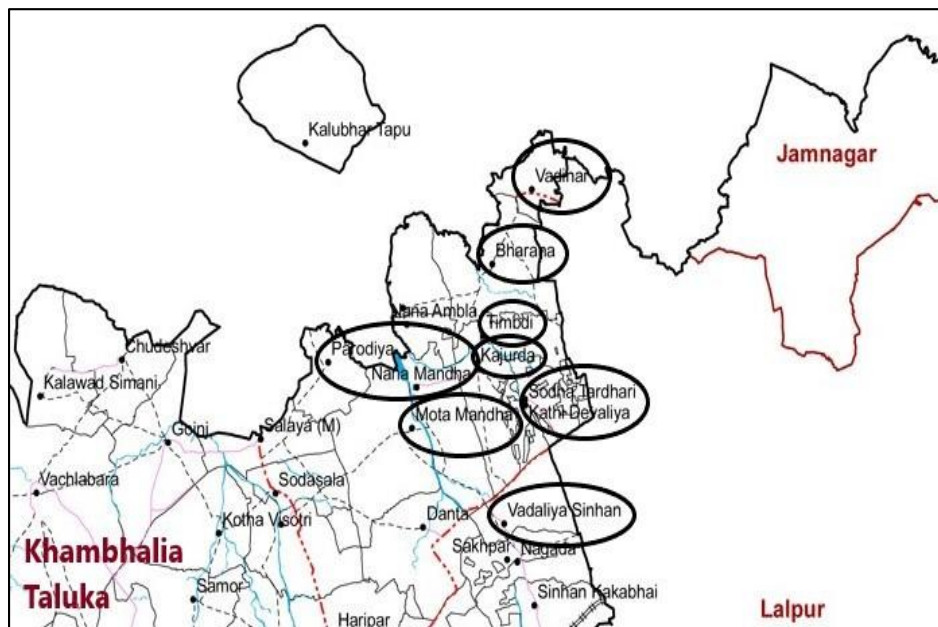
Improving Health and Nutrition in Jamnagar and Dwarka



Coverage

The project covered a total of 15 villages of Lalpur Taluka, Jamnagar District and khambhalia Taluka, Devbhoomi Dwarka District.

(*Population according to Census 2011)



#	Villages	Population*
Lalpur Taluka, Jamnagar District		
	Modpar	3967
	Rasangpar	1208
	Mithoi	1395
	Jakhar	3872
	Singach	4681
Khambhalia Taluka, Dwarka District		
	Vadinar	8946
	Bharana	5287
	Timbadi	911
	Kajurda	1673
	Nana Mandha	1934
	Mota Mandha	2005
	Vadaliya Sinhan	1695
	Kathi Devariya	1208
	Sodha Taraghadi	1436
	Parodiya	1872
Total Population		42,090

Thematic Areas of Intervention



ADOLESCENT
HEALTH



MATERNAL
HEALTH



CHILD
HEALTH

Adolescent Health

Scoping study showed that there was lack of awareness regarding importance of nutrition and menstrual hygiene among adolescent girls (10-19 years).

Areas of intervention with adolescent girls were:

- Menstrual hygiene
- Personal hygiene including handwashing
- Weekly Iron Folic Acid supplementation
- Bi-annual De-worming
- Healthy lifestyle

A total of **310 girls of 9 villages** participated in the awareness Sessions.



↓
Girls consuming IFA tablets after session



Explaining female reproductive system through SABLA Apron

Maternal Health

Maternal health includes both pregnant women and lactating mothers.

There was general lack of awareness about ante-natal care, services provided by Government and regular supply of IFA tablets.

Areas of intervention with mothers were:

- Family based Birth Preparedness
- Consumption of micronutrients
- Regular Ante-natal care visits

A total of **183 women** participated in the sessions



Ms. Padma Vyas, Anganwadi Supervisor conduction session on ante-natal care and importance of breastfeeding within an hour of birth

Child Health

Lactating mothers, mothers of children between the ages of 6 months to 6 years as well as mothers-in-law were the target group in order to raise the nutrition status of children

Areas of intervention with mothers of children were:

- Early initiation of breastfeeding
- Infant and Young Child Feeding practices
- Consumption of micronutrients: Pediatric IFA and Vitamin A
- Bi-annual De-worming

A total of **490 mothers of children** below the age of 5 participated in the awareness sessions

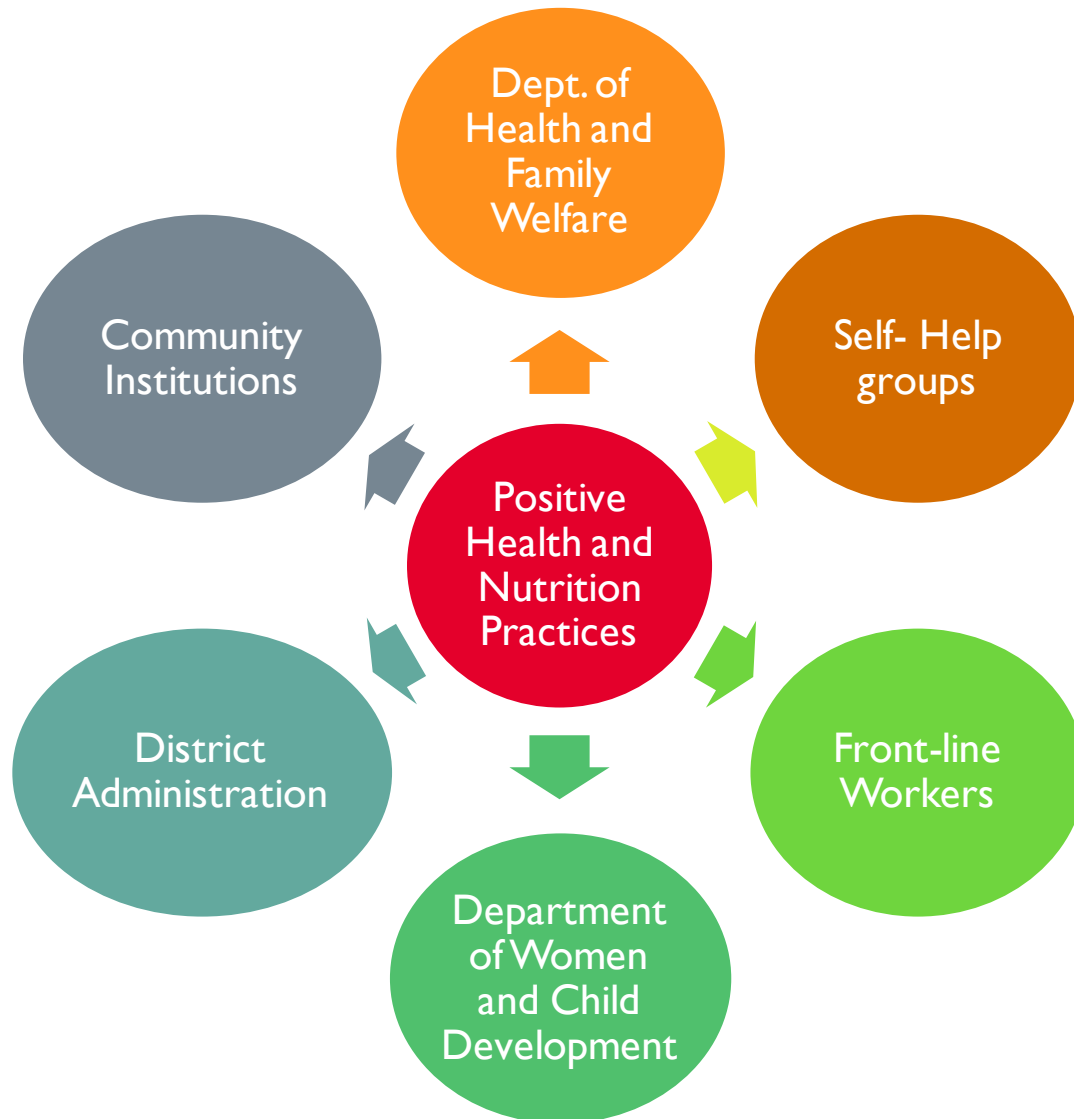


↓
Recipe
Demonstration
with mothers
during Nutrition
Camp



Weight monitoring of
Children

Stakeholder's Involvement



THANK YOU!

